ABSTRACT OF THE DISCLOSURE

An apparatus, method and data structure for procuring, analyzing, and communicating dietary information, particularly information regarding the research, evaluation and selection of dietary products. The system provides a comprehensive combination of dietary information in a format that facilitates analysis, decision-making, and procurement of various dietary products based on factors, including an individual's medical nutritional needs, current medication(s), cooking skills, budgeted food expense, food preferences, food allergies, life stage, and lifestyle.